## Disclaimer for Alaca – Long Course Participation

Participants who voluntarily register for the Alaca – Long Course Aladaglar Ultra Sky Marathon are deemed to have accepted the participation conditions and rules, including any changes that may be made to these rules. Participants are required to sign the waiver below before starting the race.

I, the undersigned, with this acknowledge that:

- I have read the participation conditions and rules of the Alaca Long Course Aladaglar Ultra Sky Marathon,
- I understand that participating in the Alaca Long Course Aladaglar Ultra Sky Marathon involves a serious risk of injury and death,
- I possess the necessary training and experience to safely complete races conducted in similar mountain environments as the Alaca Long Course Aladaglar Ultra Sky Marathon; including experience in running, climbing, and route finding in high mountains under adverse weather conditions,
- I will examine and understand the course, passes, main features of the route, support points, and checkpoints before the race,
- I am aware of my limits and have the experience to decide not to start or to withdraw from the race to avoid risking the health of other participants and my own,
- I have not used substances containing doping,
- During the race, I will:
  - Carefully follow the course and markers,
  - Always carry the mandatory equipment with me and allow for inspections,
  - Be aware of other runners around me and make necessary warnings in case of potential hazards such as falling rocks, stumbling, or slipping,
  - Comply with the decisions made by the health and search-and-rescue teams, as well as those made by the organization,
  - Respect the environment and not cause damage to the natural surroundings,
  - Accept full responsibility for my safety and any injuries that may occur, and acknowledge that the organization cannot be held liable,
  - Accept that the organization cannot be held liable for any material or moral damages and accidents that I may be exposed to,
  - Assume full and sole responsibility for any material or moral damage I may cause to individuals or their property,
- Regarding COVID-19 measures, I will comply with all measures and rules
  determined by the Turkish Athletics Federation related to the organization, as
  well as measures and rules determined by relevant authorities including the
  Turkish Ministry of Health and the Ministry of Youth and Sports,

• Regarding COVID-19 measures, I accept and approve the Participant Commitment Document prepared by the Turkish Athletics Federation.

I hereby accept, declare, and waive as sta	ated above.
PARTICIPANT NAME AND SURNAME	
SIGNATURE	
PASSPORT NUMBER:	
ADDRESS:	
MOBILE PHONE NO:	